

## Motivation Letter

I have been thinking lately about losing control and to follow small hints of wisdom/energy to push me forward in life and in my artistic practice. To change the surroundings and to break normal habits. So when Juanma asked me to be a part of this research I didn't hesitate. I was basically a sign to follow. A sign that says to slow down, to turn off Internet, social media, mobile phone, etc and focus more on the changes of light and landscape. To pay attention on the sublime in the nature, the other pilgrims and people we meet along the way. To get to new new trees and to see the stars again.

I am curious to see how my needs of slowing down can be fulfilled with me (and the group) constantly walking. How is that possible, that I can relax more and slow down in myself but just walking meter after meter. What thoughts will come up? What memories?

I have realised just after 2 days in Spain that the tempo in myself and in my drawings change. It's getting slower, softer and without expectations. A longing of having the studio in the backpack and in the landscape.

/Oskar